



HomeFront is a community-based, volunteer-driven home repair program that provides FREE repairs to low-income homeowners, thus enabling them to remain in their homes with an improved quality of life.

No experience is necessary. The only tool required is a desire to give back. Whether you have home repair skills or other talents, you can help us make a positive difference in your community. All ages and levels of ability are accepted.

- Painting Inside/outside
- Yard clean-up
- Basement clean-out
- Power washing exterior of house
- Light carpentry
- Staining decks
- Replacing windows
- Landscaping
- Deck repair



Take a Vet Fishing is a non-profit charitable organization that was created in 2011 to provide emotional support and rehabilitation to those who serve our great nation every day.

The mission is simple, to show these men and women how much they mean to us and support them and their families with (emotional) PTS (Post Traumatic Stress) outings and trips.

- Assisting Veterans with fishing tackle
- Cooking hamburgers and hotdogs
- Setting up chairs and tables
- Engage with Veterans
- Setting up entertainment
- Provide a safe and fun environment
- Cleaning up after event

The Guilford House
REHABILITATION • HEALTHCARE • HOSPITALITY

The Guilford House is a short term rehabilitation and long term care facility in Guilford, CT. Their Therapeutic Recreation program includes a variety of volunteer opportunities that all share the overarching goal of bringing the community IN/TO residents to foster a sense of belonging and home while supporting residents' whole health picture. Programs emphasize cognitive, spiritual, social, physical, and emotional wellness.

- One on one social visits
- Assist with activities or events
- Prepare & distribute special items on holidays
- Bring your skills, talents, or expertise in to share with the residents in any format that fits

See their volunteer application for specific ideas and activities.

FAITH IN ACTION - COMMUNITY

Knights are called to serve others. Our first principle is Charity – at home with our families and in our communities.

When Knights of Columbus members come together, they accomplish great things.

**Join our local council's
Knight for a Day
Program and experience
the deep connection to
community that is felt in
service.**

**See inside for current
opportunities available.
More programs to come!**

Be in touch with your local council to join in this community program.

Connect online or in person to learn more about our mission, our resources, our programs, and what it means to be a Knight.

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**KNIGHT
FOR A DAY**

**Community Volunteering
Program**